

The SHAFTESBURY

OPEN 50

14th July 2024 | 08:00

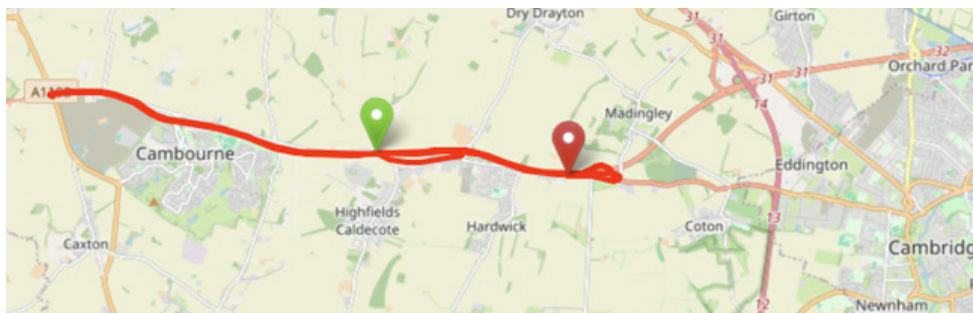
Course: F2/50 (Cambridgeshire)
Timekeepers: Trevor Pedley & Peter Smith
Organisers: Phil Hodey & Andrew Wenham
Contact: phil@hodey.com | 07506 011 124

Event promoted for and on behalf of Cycling Time Trials under its rules and regulations

HQ

Barton Sports & Social Pavillion,
Barton, Cambridge, CB23 7BG

[///grades.congratulations.lively](https://grades.congratulations.lively)



Course details: F2/50

<https://www.cyclingtimetrials.org.uk/course-details/f2-50>

Note: Start is about 6 miles from Race HQ – see map for details.

Start at a paint mark about 25 yards short of the expansion joint in the road surface of the bridge where St Neots Road crosses over A428 dual carriageway just west of Highfields Caldecote.

Proceed eastwards straight over (1st exit) Caldecote RAB to Hardwick RAB where sharp left, 1st exit, onto A428 westbound.

Pass Cambourne junction to TURN (5.4 miles) at Caxton Gibbet RAB and retrace A428 eastbound passing Cambourne and Hardwick junctions to exit at slip to Madingley RAB (signed Cambridge)

NOTE: NO MARSHAL HERE but THERE WILL BE CTT ARROWS.

At the roundabout take 4th exit to A428 westbound. Continue past Hardwick and

Cambourne junctions to TURN (18.0 miles) at Caxton Gibbet RAB, then repeat via Madingley RAB onto third lap to TURN (30.6 miles) at Caxton Gibbet RAB, then repeat via Madingley RAB onto fourth lap to TURN (43.2 miles) at Caxton Gibbet RAB,

Then return to Madingley RAB, but **TAKE THE 3rd EXIT** (the one before the A428 slip) onto St Neots Road to **FINISH** 0.6 miles along St Neots Road 20 yds after Hardwick 40mph sign.

IMPORTANT: Note that 4th time at Madingley roundabout, when you will have done over 49 miles, you leave earlier to go to the finish. There will be a yellow sign at the relevant point showing the laps/finish routes.

Prizes

The fastest overall open and female riders will be jointly awarded the Shaftesbury Centenary Trophy.

Awards will be presented after the event has concluded. If award winners are unable to attend, the organiser will contact you after the event to arrange payment of prizes.

1st place riders in open and female categories are kindly asked to wait at HQ to allow a photograph with the winners trophy.

1st Open TT: £20

2nd Open TT: £10

1st Handicap: £20

2nd Handicap: £10

1st Female TT: £20

2nd Female TT: £10

1st Vet (AAT): £20

2nd Vet (AAT): £10

1st Open Road Bike: £20

2nd Open Road Bike: £10

1st Female Road Bike: £20

2nd Female Road Bike: £10

Course Risk Assessment & Rider Notes

Please remember marshals are stationed at junctions for your safety but they are not responsible for directing traffic or indicating if the junction is clear.

Riders are reminded that no competitor shall be allowed to start an event unless they are wearing a **HARD SHELL SAFETY HELMET** that meets an internationally accepted safety standard.

Riders are also reminded that no competitor shall be allowed to start an event unless such competitor has affixed to the rear of their machine a working rear red light and affixed to the front of their machine a working front white light; lights to be illuminated, either flashing or constant, and in a position that is clearly visible to other road users.

Competitors must observe mandatory traffic signs and have no right of way over other traffic using the road. All Road Traffic Legislation applies.

No riding with your head down – any rider observed riding dangerously will be disqualified from the event and reported to the CTT District Committee for further disciplinary action.

Riders are reminded that dropping litter, (such as energy gel wrappers or banana skins) is a criminal offence and offenders will be liable to disciplinary action.

NO U TURNS are allowed within sight of either the start or the finishing points. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event.

Local regulation: Static trainers are banned from morning events in London East district. So please warm up on local roads.

Road Bike Rules

Please note that for the 2024 season the rules regarding helmet choice for the road bike category have changed. To qualify for the road bike category you must not wear a helmet that covers the ears.

Full road bike regulations printed below for your reference.

29. Road Bike Criteria (Moved from Regulation 14, 14I - Section: Competitors)

(a) The road bike can possess drop or straight handlebars; no tri-bars, clip-on bars or Spinaci bars are allowed; no disc wheels; both front & rear wheels must have at least 12 spokes each; the maximum rim depth allowed is 90mm.

(b) Helmets used in Road Bike category events must not cover the ears or have a teardrop/pointy style "tail", any helmet vents must not be covered or blocked. The helmet must not have been altered or had any element added or removed in terms of design or form but may be used as the manufacturer intended (e.g., sliding vents). It is prohibited to add a detachable cover to a helmet. The composition of the helmet material and its surface condition are not subject to any regulations. However, additions to the helmet are not allowed (cover, tape etc.).

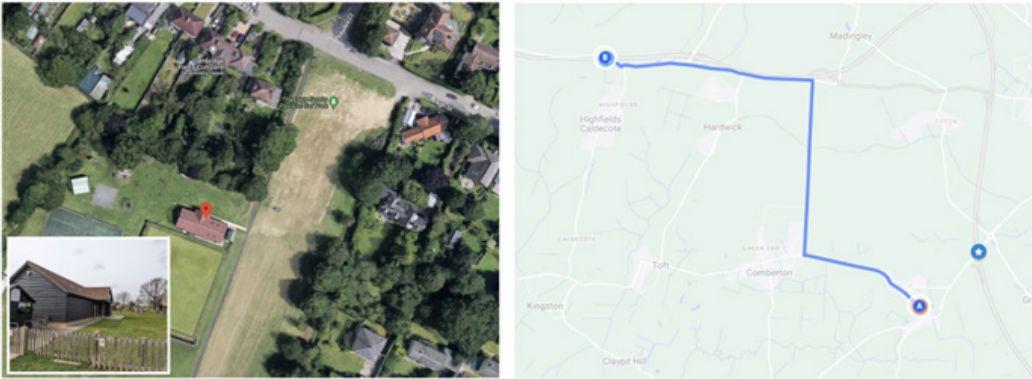
N.B. For competitors riding Road Bikes, competitors must predominantly ride holding the drops or brake hoods. Riders may not ride in the "Puppy Paws" Position or simulate a Tri-Bar position by resting the forearms on the handlebars.

HQ DETAILS

Barton Sports & Social Pavillion, Barton,
Cambridge CB23 7BG

[///grades.congratulations.lively](http://grades.congratulations.lively)

HQ details



Conveniently located just 2km from the M11 and 9km from the start, we have chosen the Barton Sports & Social Pavillion to host our event this year. There is extensive off street parking available, a car parking marshall will be onsite to help direct you. Please be considerate of local residents when parking. Please note bikes are not permitted into the pavilion or past the gate as seen in the photo above.

Changing: The HQ has large and separate changing facilities for men & women.

Sign In / Out

All competitors must sign in at HQ and collect their number. Once finished you must return your number to HQ and sign out. If you do not sign out you will be disqualified.

Getting to the Start

Please leave plenty of time to get to the start line, there is ample parking near the start if you'd prefer to drive. However, please do not park too close to the start line and be considerate of other road users. Please note that there will not be any direction arrows to guide you to the start, please ensure you are familiar with the route!

Signing Out / Post Race:

Please remember to sign out and return your number, failing to do so will result in disqualification.

Tea & Coffee will be available upon your return. Most importantly there will be a fabulous selection of cakes available for purchase at just £2.00, cash and card accepted!

A real time results board will be available in HQ showing results as riders cross the line as well as split times recorded at Madingley RAB. Please note that times displayed are provisional, official times will be reported once ratified by the timekeepers. The timing system is a collaboration between The Shaftesbury and HCS Technologies Ltd. The system will be available for general use soon under the banner of TimeTrialHQ.com. If you want to find out more, email contact@timetrialhq.com.

START SHEET

Tandem Riders

Number	Start Time	Name	Machine	Club	Classification	Age Category
1	8:01:00	John Swanbury	TT Bike	VC Baracchi	Open	Veteran
1	8:01:00	Kate Churchill	TT Bike	VC Baracchi	Female	Veteran

Individual Riders

Number	Start Time	Name	Machine	Club	Classification	Age Category
3	8:03:00	Mark Vowells	Tricycle	San Fairy Ann CC	Open	Veteran
4	8:04:00	Tim Landon	Road Bike	Shaftesbury CC	Open	Veteran
5	8:05:00	John Watson	Road Bike	Hitchin Nomads CC	Open	Veteran
6	8:06:00	Drew Sheffield	Road Bike	FTP (Fulfil The Potential) Race Team	Open	Veteran
7	8:07:00	Annette Golawska	TT Bike	Rugby Racing Cycling Club	Female	Veteran
8	8:08:00	Stephanie Cousins	TT Bike	QN Racing	Female	Veteran
9	8:09:00	Jen Clegg	TT Bike	Team Bottrill	Female	Veteran
10	8:10:00	Chantel Coetzer	TT Bike	Hainault RC	Female	Senior
11	8:11:00	Chris Lea	TT Bike	Buxton CC/Sett Valley Cycles	Open	Veteran
12	8:12:00	Garret Fay	TT Bike	Icknield RC	Open	Veteran
13	8:13:00	Edward James	TT Bike	VTTA (London & Home Counties)	Open	Veteran
14	8:14:00	Stuart Thompson	TT Bike	Velo Club St Raphael	Open	Veteran
15	8:15:00	Matthew Peck	TT Bike	Ipswich BC	Open	Veteran
16	8:16:00	Randle Shenton	TT Bike	Border City Whs CC	Open	Veteran
17	8:17:00	Matthew Cook	TT Bike	Bedfordshire Road RT	Open	Veteran
18	8:18:00	Adrian Gower	TT Bike	Hitchin Nomads CC	Open	Veteran
19	8:19:00	Thomas Pfeiffer	TT Bike	Dulwich Paragon CC	Open	Veteran
20	8:20:00	Sean Mcdougall	TT Bike	Icknield RC	Open	Veteran
21	8:21:00	John Lowe	TT Bike	Withington Wheelers	Open	Veteran
22	8:22:00	Mike Bishop	TT Bike	Cambridge Triathlon Club	Open	Veteran
23	8:23:00	Craig Lamb	TT Bike	Alford Whs	Open	Veteran
24	8:24:00	Lee Heron	TT Bike	Banbury Star Cyclists' Club	Open	Veteran
25	8:25:00	Mike Logue	TT Bike	ZeroBC Race Team	Open	Veteran
26	8:26:00	Abid Hussain	TT Bike	Icknield RC	Open	Veteran
27	8:27:00	Noah Knock	TT Bike	Victoria Cycling Club	Open	Veteran
28	8:28:00	Ian Braybrook	TT Bike	Basildon CC	Open	Veteran
29	8:29:00	John Manlow	TT Bike	Ely & District CC/B&T Motor Repairs	Open	Veteran
30	8:30:00	Roger Sheridan	TT Bike	North Devon Velo	Open	Veteran
31	8:31:00	Wolfgang Emmerich	TT Bike	Team Bottrill	Open	Veteran
32	8:32:00	Jeff Roberts	TT Bike	High Wycombe CC	Open	Veteran
33	8:33:00	Jonathan Whittaker	TT Bike	Army Cycling	Open	Senior
34	8:34:00	Matthew Chappell	TT Bike	Spalding CC	Open	Veteran

START SHEET

Number	Start Time	Name	Machine	Club	Classification	Age Category
35	8:35:00	Andrew Turnock	TT Bike	Finsbury Park CC	Open	Veteran
36	8:36:00	Karl Robertson	TT Bike	Worthing Excelsior CC	Open	Veteran
37	8:37:00	Chris Jones	TT Bike	Bynea Cycling Club	Open	Veteran
38	8:38:00	Daniel Ryan	TT Bike	North Road CC	Open	Veteran
39	8:39:00	Dominic Righini-Brand	TT Bike	Spalding CC	Open	Veteran
40	8:40:00	Timothy Welsh	TT Bike	Cambridge CC	Open	Senior
41	8:41:00	Rob Young	TT Bike	Shaftesbury CC	Open	Veteran
42	8:42:00	Darran Bennett	TT Bike	Ely & District CC/B&T Motor Repairs	Open	Veteran
43	8:43:00	Paul Jones	TT Bike	Primera-Teamjobs	Open	Veteran
44	8:44:00	Lee Watson	TT Bike	Army Cycling	Open	Senior
45	8:45:00	Lee Williams	TT Bike	FTP (Fulfil The Potential) Race Team	Open	Senior
46	8:46:00	Michael Stimson	TT Bike	Shaftesbury CC	Open	Senior
47	8:47:00	Adam Baker	TT Bike	Royal Air Force Cycling Association	Open	Senior
48	8:48:00	Henrik Persson	TT Bike	FTP (Fulfil The Potential) Race Team	Open	Veteran
49	8:49:00	Anthony Jones	TT Bike	VMCC powered by Y Beic	Open	Veteran
50	8:50:00	Liam Maybank	TT Bike	Twickenham CC	Open	Veteran
51	8:51:00	Nicholas Fennell	TT Bike	Thanet RC	Open	Senior

Handicapping by Spindata (www.spindata.co.uk)

Spindata is a system for ranking time trial results across the UK by using time and relative position to others. Spindata has been developed to recognise the achievements of all riders, whatever their ability. The Spindata algorithm generates a predicted time for an event using a rider's past riding history, course and weather conditions. This predicted time will be used as your handicap for the event. If you have not ridden sufficient events to generate a predicted time, you will not be eligible to compete in the handicap category. Predicted times will be published on Wednesday 17th April.

Timing systems by Time Trial HQ (www.timetrialhq.com)

Time Trial HQ is a revolutionary new timing system built in partnership between the Shaftesbury Cycling Club and HCS Technologies Ltd. The system provides tablet based timing solutions for time trials with real time calculation of split times & results, all published back to HQ for display on a live results board. After extensive testing in both club and open events the system will be made available for limited numbers of CTT affiliated clubs to trial mid 2024. To find out more, contact support@hcstech.co.uk.

About the Shaftesbury

Shaftesbury Cycling Club is one of the oldest continually existing sporting clubs in the world. Established in 1888, less than 3 years after the invention of the modern bicycle, "The Shaftesbury" has thrived for over 130 years.

From its headquarters by the picturesque windmill at Mountnessing Village Hall in Essex, Shaftesbury CC blends the finest traditions of the local UK club cycling scene with a modern and forward looking presence, a full roster of events, generous benefits, and friendly and inclusive attitude.

Whether a complete beginner, veteran plodder, or dedicated racing athlete, "The Shaftesbury" offers support, advice, and friendship to every rider. It is truly remarkable what the bicycle can do for those that recognise its near magical properties for the soul and adventure. Joining our club helps unlock that potential, expand opportunity, and build pride in being a part of history.

Find out more - www.shaftesbury.cc